



ISSUE

3

Weekending NOV 18th

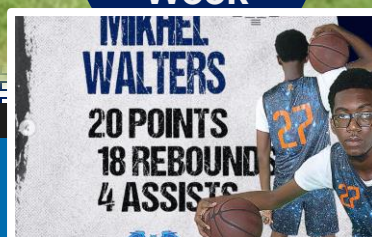
GRIFFIN SPORTS DIGEST

Volume 2 news

FOOTBALL
BASKETBALL
TRACK
SWIMMING

Creator: Coach Duane Johnson
Editor: Dawn McGregor-Bromfield
Information: Provided by teams

**Shots of
the
Week**



Athlete Weekly Feature: Jayd'n Johnson

MANNING CUP ROUNDUP

DEFENDING CHAMPIONS CRASHES OUT OF MANNING & CHAMPIONS CUP



After dominating their final quarter-final group game against St. Georges College inside the Ashenheim Stadium last Saturday November 11th , in a game that was deemed a must win for the defending champions if they are to advance out of Group 2 into the semi-finals.

The boys found themselves 1-0 down at half time after conceding a 45th minute penalty to St. Georges College, even though they had most of the possession and dominated the half. The dark blues came fighting back in the second half and found the back of the net in the 60th minute courtesy of Jayd'n Johnson who came off the bench in the 58th minute to equalize . The boys fought valiantly to score another as they knew that a draw would not be good enough to take them through but just could not get pass the St. Georges College goalkeeper who had a stellar game. In the dying moments of the game the boys had their chances to scoring but just could not get the ball in between the post. This is the first time in 11 years that the winningest team in schoolboy football did not make the semifinal round. Technical Director Davion Ferguson in his interview with sports max lamented the miss opportunities that cost them the game.

MANNING CUP ROUNDUP

DEFENDING CHAMPIONS CRASHES OUT OF MANNING & CHAMPIONS CUP



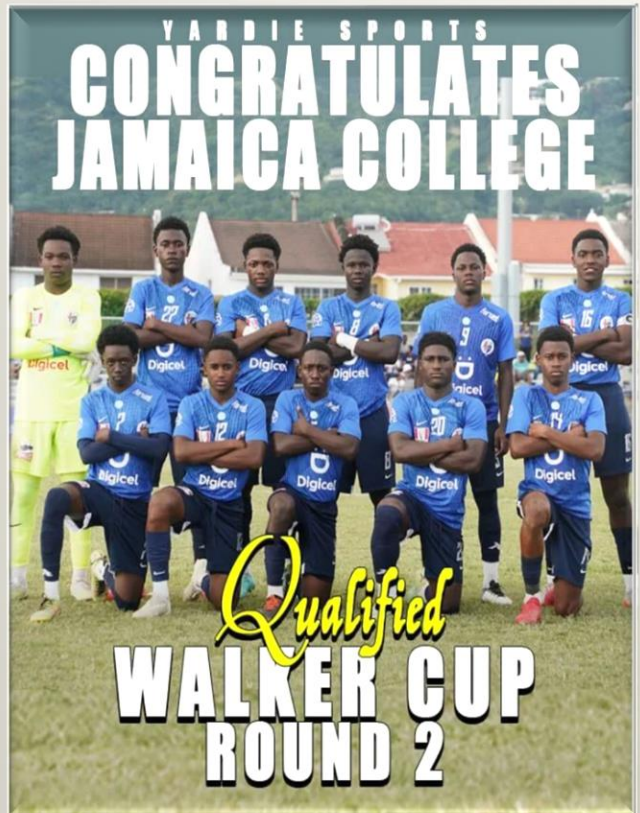
"I think that our performance was okay because I don't think that we performed poorly, but what I think is that we didn't take our chances," said Ferguson.

"We created enough chances to win the game, but it never happened, and such is football. If you don't take your chances, especially in a game that we needed to win, then you are not going to get your desired result."

Some of the players were seen crying and in total shock. Congratulations to all the semi-finalist Monna, KC St. Georges College and Hydel. In the words of our Principal Wayne Robinson "We don't lose, we Learn". We will be back better than before.

We thank our players and all the stake-holders for their continued support let us continue to support them as the boys will now turn their attention to the Walker Cup Knockout competition where they will face Jonathan Grant High on Thursday November 23rd at a time and place to be determined.

MANNING CUP ROUNDUP



MANNING CUP ROUNDUP

ISSA School Boys Football Walker Cup



Schedule is subject to change by the organizers

Walker Cup		Wednesday, 2023 Nov 15	Friday, 2023 Dec 08	Venue / Date Change	Live
#	Date	Home Team	Away Team	Venue	Time
Walker Cup Round 1					
WC 1	Wed, Nov 15	Haile Selassie High	Eltham High	Haile Selassie High	3:00 PM
WC 2	Wed, Nov 15	Excelsior High	St. Jago High	Excelsior High	3:00 PM
WC 3	Wed, Nov 15	Campion College	Jonathan Grant High	Campion College	3:00 PM
WC 4	Wed, Nov 15	Wolmer's Boys	Kingston Tech	MICO	3:00 PM
Walker Cup Quarter-Final					
WC 5	Thu, Nov 23	Haile Selassie High / Eltham High	STATHS	TBD	TBD
WC 6	Thu, Nov 23	Excelsior High / St. Jago High	Tivoli Gardens High	TBD	TBD
WC 7	Thu, Nov 23	Campion College / Jonathan Grant High	Jamaica College	TBD	TBD
WC 8	Thu, Nov 23	Wolmer's Boys / Kingston Tech	St. Catherine High	TBD	TBD
Walker Cup Semi Final					
WC 9	Thu, Nov 30	Winner WC 5	Winner WC 8	Stadium East	TBD
WC 10	Thu, Nov 30	Winner WC 6	Winner WC 7	Stadium East	TBD
Walker Cup Final					
WC 11	Fri, Dec 08	Winner WC 9	Winner WC 10	National Stadium	TBD



U16 Football Round UP



The U16 team advances to the quarter final round of the ISSA Urban football competition having finished 2nd in their group behind Jose Marti Technical on 18 points after dispatching Eltham High 4-1 in their final group match last Friday afternoon.



Goal scorers Grevier Grant who netted two goals, Jamone Lyle and McCormack netting a goal apiece. The boys will now turn their attention to the quarter-final group round which kicks off tomorrow November 20th inside the Ashenheim Stadium. Come out and support!!!!

U16 Football Round UP

ISSA School Boys Football 2023 Urban U16 Matches

Points Standing as of

Monday, November 13, 2023



							Qualifiers		
Zone A							Total Goals	119	
Pos	Schools	P	W	D	L	GF	GA	GD	Points
1	Wolmer's Boys	7	6		1	24	5	19	18
2	Excelsior High	7	6		1	25	7	18	18
3	Campion College	7	5		2	22	9	13	15
4	Holy Trinity High	7	4	1	2	16	8	8	13
5	Clan Carthy High	7	3		4	9	20	-11	9
6	Norman Manley High	7	2	1	4	11	17	-6	7
7	Ardenne High	7	1		6	6	17	-11	3
8	St. Jago High	7			7	6	36	-30	0
Zone B							Total Goals	129	
Pos	Schools	P	W	D	L	GF	GA	GD	Points
1	St. George's College	7	6	1		42	4	38	19
2	STATHS	7	6	1		27	1	26	19
3	Jonathan Grant High	7	4	1	2	14	14	0	13
4	Papine High	6	2	2	2	12	11	1	8
5	Ascot High	7	2	1	4	6	9	-3	7
6	St. Mary's College	6	1	1	4	5	27	-22	4
7	Cumberland High	7	1	2	4	15	24	-9	5
8	Gaynstead High	7		1	6	8	39	-31	1
Zone C							Total Goals	109	
Pos	Schools	P	W	D	L	GF	GA	GD	Points
1	Jose Marti Tech	7	7			22	4	18	21
2	Jamaica College	7	6		1	41	4	37	18
3	Eltham High	7	4		3	15	10	5	12
4	Greater Portmore High	7	3		4	12	12	0	9
5	Pembroke Hall High	6	2	1	3	6	7	-1	7
6	Bridgeport High	6	2		4	5	8	-3	6
7	Denham Town High	6	1		5	7	43	-36	3
8	Tarrant High	6		1	5	1	21	-20	1

U16 Football Round UP

*Jamaica College
U16 Football Team*

FIXTURES

Round 2



**VS JONATHAN GRANT
MON, NOV 20TH**

Jamaica College

3:00pm



**VS ST. CATHERINE
WED, NOV 22ND**

Jamaica College

3:00pm



**VS CALABAR HIGH
FRI, NOV 24TH**

Calabar High

3:00pm

U14 FOOTBALL ROUND UP



The 2X defending champions continued their fine performances having concluded their 1st round group play with an emphatic 6-0 win over Eltham High. Having dominated the whole game, the young Griffins was relentless inside the 16 yard box with 1 goal each coming from Rashawn Williams, Dashaun Smith, Dasean Meek, Dimitri Andrews, Carlos Edwards and leading scorer Tevin Savage. The boys will now turn their attention to their quarter-final group play as they seek to win 3 titles in a row for the dark blues. Congratulations to our boys!!! Come out and support them!!!



U14 Football RoundUP

*Jamaica College
U14 Football Team*

FIXTURES

Round 2



**VS CHARLIE SMITH
MON, NOV 20TH**

Jamaica College

1:30pm



**VS NORMAN MANLEY
WED, NOV 22ND**

Norman Manley

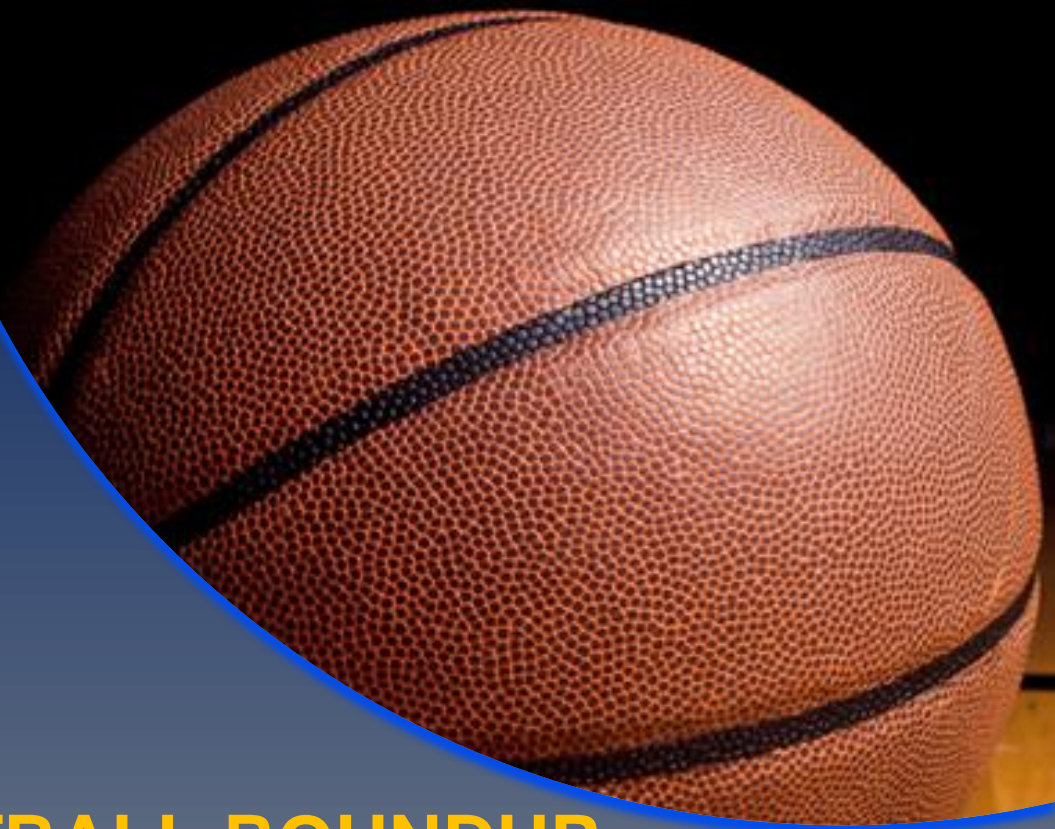
1:30pm



**VS STATHS
FRI, NOV 24TH**

Jamaica College

1:30pm



BASKETBALL ROUNDUP

With only rain out matches left to be played in the first round the U16 and U19 boys went to Ardenne High two Thursdays ago and dominate both games. With the U16 team first humbling Ardenne 69-46 with a stellar performance from Mikhel Walters whose STAT line was NBA like 20 Points 18 rebounds and 4 assists. The boys are still unbeaten for the season. Shortly after the U19 boys whose only blemish came against St. Catherine dispatched Ardenne 65-34. Captain Xavier Keyes led the way with 15 points, 8 rebounds and Tajay Jacas contributed 13 points. The boys will now play their revised rain out fixture this week. Congratulations to the Basketball teams on their continued stellar performances and all the best in their future games.

BASKETBALL HIGHLIGHTS



RESCHEDULED GAMES NEXT WEEK

RESCHEDULE	U16	TIME 2PM	U19	TIME 3:30 PM	VENUE
TUESDAY NOV 21	CAMP – OLDH		CAMP – OLDH		CAMP
	JC – STATHS	@ JC	ST JAGO – VAX (U16)	@ 2PM	GCFC
	EXCEL – KC		EXCEL – KC		EXCEL
	ST GEOR – CDON		ST GEOR - CDON		ST GEOR
WEDNESDAY NOV 22	CEDAR – MONA		CEDAR – MONA		CEDAR
	ARDN – ST JAGO		ARDN – ST JAGO		ARDN
	VAX – WOLM		VAX - WOLM		VAX
THUR BNOV 23	STATHS– ST CATH	@ STATHS	OLDH – CBAR	@ OLD H	OLDH
	CDON – EXCEL		CDON – EXCEL		CDON
FRIDAY NOV 24	ARDN - VAX		ARDN - VAX		ARDN
	ST JAGO – CEDAR		ST JAGO – CEDAR		GCFC
	KC – MEDO @ KC	1PM @ KC			KC
			WOLM – JC @ WOLM	3:30 PM @	WOLM



Track & Field

The Middle- and Long-distance boys continued their dominant performances on the road at last Sunday's Burger King 5k & Relays in Portmore. The boys who was tied with Kingston College going into the final event of the Lois Sherwood High Schools 5k Championship was determined to come back home with the title edging their name in history becoming the first school to win the inaugural event. Having won the first of the series at the Blue run in September and finishing second behind Kingston College in the 2nd race of the series at the Berts Auto 5k in October the boys had one intention to win this 5k series to secure the victory and Evans Tetteh who was 2nd overall and the 1st high schooler to cross the line led the way for the boys in blue with a time of 16:03 . Middle distance Captain Nellie Ambrition who was 4th overall and 2nd for high schooler established a new personal best of 16:40. Dominic Amponsah 16:54, Tyrone Lawson 17:07 and Rasheed Pryce 17:15 closed out the top 5 of Jamaica College finishers who helped seal the team prize victory. In addition to winning the 5k team championship, Jamaica College also won the Big Finish Prize of 400k, a total of 95 participant of the 125 that was registered to participate showed up in their numbers to help JC capture the win. 56 runners ran under the qualifying time of 35 minutes needed to score to ensure that team JC came out victorious. We want to thank all athletes, students, parents, teachers and administrative staff that came out to run and walk. Thank you for the support! We appreciate it!



TRACK & FIELD

The team also finished 2nd and 4th in the 4x1500m relays to cap the mornings competition and secured over \$500k in cash prizes for the college. Well done Gentlemen. The boys will now turn their focus on the Reggae Marathon in Negril where more bragging rights and cash prizes will be up for grabs.

Burger King 5k Images



Important Meet Dates for the 2024 Season

*See upcoming events for the track team.
Important Dates to save.*

Purewater/R Danny Williams JC Meet

January 6th 2024 (Ashenheim Stadium)

Fervet Distance Classics

February 3rd 2024 (Ashenheim Stadium)

Corporate Area Championships

February 16-17th 2024 National Stadium

Gibson/McCook Relays

February 24th 2024 National Stadium

ISSA Boys & Girls Championships

March 19th-23rd National Stadium

Penn Relays

April 25th-27th Philadelphia Pennsylvania

*Get ready to start a blue wave in the
upcoming track season.*







JAAA Calendar 2023-2024 Season


DECEMBER

3	Reggae Marathon, Half Marathon & 10K	Negril
9	Tyser Mills Development Meet	GC Foster College
9	Wesley Powell Track and Field Meet	Excelsior High School, Kgn
16	Fervet Distance Carnival	Jamaica College
31	Old Harbour Bay/ Neville Myton 5K	Old Harbour Bay, St. Catherine

JAAA OFFICE WILL BE CLOSED Dec. 15 - Jan. 3, 2024

JANUARY

5	OnDiRun/ JC Sprint Fest 200		Jamaica College
6	Purewater/ R Danny Williams JC Meet		Jamaica College
6	First Chance Meet		Montego Bay, St. James
6	Ted Dwyer Classics & Pentathlon Challenge		EXED Community College
13	Douglas Forrest Invitational		GC Foster College
13	JAAA/PUMA Fuller Anderson Meet		Windalco-Kirkvine, Manchester
13	Manchester High School/Charlie Fuller Field Events Meet		Manchester High School
19	OnDiRun/ GC Foster Sprint Fest 100		GC Foster College
20	Central Hurdles Relays & Field Events		GC Foster College
20	McKenley/ Wint Invitational Meet		Calabar High School
20	Montego Bay Comets Development Meet		Montego Bay, St James
26	Hurdles Fest		TBD
27	STETHS Invitational Meet		Santa Cruz, St. Elizabeth
27	Queen's/Grace Jackson Track Meet		National Stadium

 Events To Be Listed in the WA Global Calendar for Ranking Points (Pending Approvals)



JAAA CALENDAR OF EVENTS 2023 - 2024










INTERNATIONAL EVENTS

DATE EVENT VENUE

2024

FEBRUARY

3	JAAA/PUMA Development Meet		Jamalco Sports Club, Clarendon
3	Eastern Invitational Track and Field Meet		Lyssons, St Thomas
3	Fervet Distance Carnival		Jamaica College
3	Youngster Goldsmith		National Stadium, St. Andrew
3	New Balance Indoor Grand Prix		Boston, USA
10	Camperdown Classic		National Stadium, St. Andrew
10	King of the Ring		Excelsior High School
10	Western Milo Relays		GC Foster College
11	Millrose Games		New York, USA
12-13	Eastern Championships (REGIONAL MEET)		National Stadium, St. Andrew
16-17	Corporate Area Development Meet (REGIONAL MEET)		TBD

JAAA Calendar 2023-2024 Season

24	Gibson McCook Relays		National Stadium, St. Andrew
24	Muller Indoor Grandprix		Glasgow, England
MARCH			
1-3	World Athletics Indoor Championships		Glasgow, Scotland
1-3	JAAA Carifta Trials		National Stadium, St. Andrew
9	GC Foster Classic		GC Foster College
9	John Wolmer Track Meet		National Stadium, St. Andrew
9	Melbourne 5K		Kingston
14-15	Inter-Collegiate Championships		GC Foster College
16	Velocity Fest #14		National Stadium, St. Andrew
19-23	ISSA/Grace Kennedy Boys and Girls Championships		National Stadium, St. Andrew
APRIL			
Mar 30 - Apr 1	Carifta Games		St Georges, Grenada
13	Keyes / On the Run Over-Distance Meet		Jamaica College
13	Ricky Martin Invitational Primary School Meet		Stadium East, St Andrew
20	Excelsior Primary Development Meet		Excelsior High School
20	Velocity Fest #15		National Stadium, St. Andrew
20	KC / Prep Primary Development Meet		Kingston College
20	Xiamen Diamond League		Xiamen, PR of China
25-27	PENN RELAYS		Philadelphia, Pennsylvania, USA



JAAA CALENDAR OF EVENTS 2023- 2024



INTERNATIONAL EVENTS

DATE	EVENT	VENUE
2024		
MAY		
1-3	Insports Eastern Primary School Championships	Stadium East, St Andrew
4	JAAA All Comers Meet #1	 National Stadium, St. Andrew
4-5	World Athletics Relays	Nassau, Bahamas
7	World Kids in Athletics Day	Jamalco Sports Club, Halse Hall
10	Doha Diamond League	Doha, QATAR
6-8	Insports Central Primary School Championships	GC Foster College
9-11	Insports Western Primary School Championships	STETHS
11	Anthrick Sports Management Prep School Meet	Stadium East, St Andrew
11	Jamaica International Invitational	 National Stadium, St. Andrew
15	World In Athletics Day	Jamalco Sports Club, Halse Hall
18	JAAA Olympic French Foray #1	 National Stadium, St. Andrew
18	OnDiRun/JC Jr. Sprint Fest (Prep Edition)	Jamaica College
19	Rabat Diamond League	Rabat, Morocco

Swim News

Greetings JC SWIM Team Stakeholders, We would like to take this opportunity to thank all the College Men who tried out for the 2023/24 swim team. As you are all aware, Swimming is a very competitive sport and Jamaica College currently has some of the Top swimmers in the island. Our team is compromised mostly of swimmers who have represented our country at events such as CARIFTA, CCCAN and ISCA Summer Elite Showcase to name a few. Some team members have also represented our school at previous school swim meets over the past few years placings 4th and 3rd in the most recent meets. With this said, we would like to congratulate the College Men listed below for stepping forward, some once again and others for the first time to represent our school. We would also like to encourage those College Men who did not make the Team at this time to continue training with the Learn to Swim program at the UWI pool, with the hope that they can make the team soon. Learn to Swim schedule days are Mondays, Wednesdays and Thursdays. 3:30pm-5:30pm. Those who are interested in being apart of the learn to swim programme please contact VP Wynter.

Boys who made our swim team.

9-Nov-23

Jamaica College
Swim Team 2023/24
Coach Lemone Lowe

FINAL	FINAL	FINAL	FINAL
11 - 12 Yrs	13 - 14 Yrs	15 - 16 Yrs	17 YRS & Over
A/B	A/B	A/B	A/B
Baker, Matthew	Hessing, Marly	Chambers, Kishaun	Allen, Isreal - Captain
Chambers, Kristof	Hines, Rees	Hutchinson, Noah	Hookim, Ernest
Gayle, Peyton	Miller, Joushua	Hynes, Sahle	Miller, Darren
Grant, Jaeden-Tyler	Seraton, Leiam	Johnson, Zack-Andre	Stanley, Tyler-Dane
Hall, Christian	Wallace, Howard	Vaughn, Noah	Mitchell, Justin
Hunter, Rhys	Edwards, Leandro	Grant, Aiden	Aldred, Jaden
Smith, Dashaun	Dawes-Fearon, Christian	Newman, Christian	
Thompson, Zade	Froome, Xavier	Bennett, Ajani	
Montgomery, Zachary			

Swim team training days are Thursdays & Saturdays.



Directed by: Akeem Mignott

JAMAICA LAND WE LOVE!

Sunday, December 3 @ 5pm

JAMAICA COLLEGE SWIM TEAM
BENEFIT PERFORMANCE

Little Theatre

Arthur Wint Drive, Kingston

Come out and Support our Swim team fundraiser. Tickets can be purchased at the campus shop starting tomorrow for \$3,000. Please support our team!!!!



**Weekly Athlete
Feature
Khaden
Robinson**

Weekly Athlete Feature

KHADEN ROBINSON

In this week's edition of the Griffin Sports Digest, we feature Khaden Robinson current player on the U14 Football team. Khaden who was valedictorian at St. Richards Primary in June 2022 was one of the nation's top PEP performer who was placed at Champion College but decided to attend Jamaica College where he can continue developing in Football and Track & Field. Robinson who was a member of last years champion U14 football team and a member of JC Gibson class 4 4x100 team last season. In addition to his prowess in the sporting aren's. Khaden is also excelling in his academics having made the Honor Society in his first year at Jamaica College. This week we learn more about Khaden Robinson.



Khaden to the right of the picture delivering his valedictorian speech at St. Richards Primary graduation in June 2022.

Weekly Athlete Feature

Khaden Robinson



Q1. So you were one of the top performing PEP student in 2022 and was placed at Campion College. However you chose to attend Jamaica College. Why?

Scouts from the top 3 schools saw me run at GC Foster Meet and invited me to attend their institutions however, of the three, JC was the only choice for me. It was a hard choice to choose JC over Campion since I play football for Campion's club side (KFA) but when I analyzed it, JC was the better school for an all-rounder like me.

Q2. You have now represented Jamaica College in back to back U14 Football competition, how has that experience been like representing such a prestigious institution?

I was nervous at first however after getting used to the team, I got more comfortable and felt the need to improve my efforts with each game.

Weekly Athlete Feature

Khaden Robinson



Q3. How do you balance sports and academics? Clearly you have figured it out even from Primary School.

My mother helped by creating a schedule for me to balance my time in primary school so I adopted the same principles and repeated the process with her help.

Q4. You are also a track athlete and one of JC's promising sprinter in class 3 how do you strike the balance of doing track and football while continuing to maintain such high standards in your academics?

It is tough because I train daily. I try to balance both during football season by doing two days of each discipline but it doesn't always work because of match days but generally I take Fridays off to catch up on work and weekends to study. Weeknights are also used to do homework.

Q5. How has your experience been like at Jamaica College thus far?

It's been fun as the college men are most times comedians but stressful at times trying to balance everything.

Weekly Athlete Feature

Khaden Robinson

Q6. What are your athletic and scholastic goals for this school year?

To help bring the PEPSI team to another victory as this is my last year. To continue to maintain Honour roll standards and to deliver my best efforts at CHAMPS to help JC win it.

Q7. What motivates Khaden?

I am and have been motivated by rewards. From 1st grade my mother and I made a deal that once I maintain a 90 average at the end of a term, I will get 1 item I want. From that time until now, I realized that reward sweetens labour and I love rewards.

Q8. If you were to identify someone who motivates you, who would that person/persons be?

Jesus first as his teachings help in my development. Jude Bellingham as I admire his style of football play and my parents as they continue to help in my decision making and development.

Q9. Name an athlete track and football who you would consider to be a role model?

I struggle with track but if I had to choose, I would have to say The Great Usain Bolt because he achieved his goals early and could retire rich and Jude Bellingham as said before.

Q10. Outside of doing sports, what does Khaden enjoy?

I enjoy listening to music, playing video games and chilling with friends.



Weekly Athlete Feature
Khaden Robinson