

ISSUE 2023

20th of December

GRIFFIN SPORTS DIGEST

Volume 7 newsFOOTBALL
TRACK
SWIMMING
CRICKET

Creator: Coach Duane Johnson Editor: Dawn McGregor-Bromfield Information: Provided by teams





Shots of the Week



MERRY CHRISTMAS & HAPPY NEW YEAR

U16 Football Round UP



U16 Football Team Crowned URBAN AREA CHAMPIONS

Title favourites Jamaica College played with confidence and delivered the first U16 title in 6 years.



The Raymond Stompy Watson coached team displayed confidence and ensured they ended the season with the hardware they were hoping to deliver this season. In form striker Giovanni Taylor was in a no-nonsense mood and willed his team scoring two goals, while his teammate Jamone Lyle who was in dazzling form created number of chances connected from the penalty spot to defeat Wolmer's Boys 3-1 to lift the Burger King U16 Urban area trophy. The boys went on to play Manning's last Saturday but came up short as they were defeated 2-0 in the all-ISLAND finals. Well done to our boys for adding a hardware to our trophy case.

U16 Football Round UP

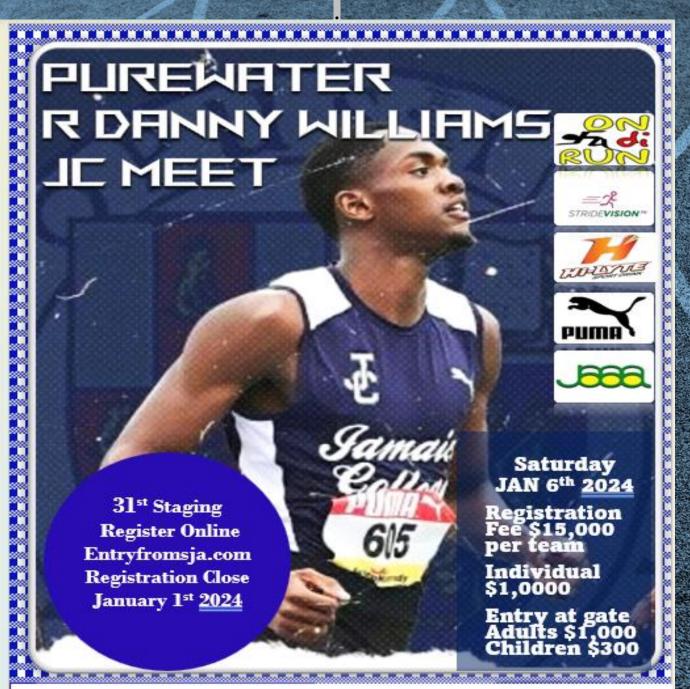








TRACK & FIELD



PURE Pride, PURE Jamaican



TRACK & FIELD

COME OUT AND SUPPORT YOUR 22 TIMES BOY'S CHAMPIONS THIS SEASON AS THEY SEEK TO ADD ANOTHER TITLE THIS SEASON.

THE FIRST TRACK MEET OF THE CALENDER YEAR WILL BE ON CAMPUS - JANUARY 6TH 2024.

STARTING AT 8:30a.m.

Come out in your blue to support the team.

TRACK & FIELD



This Tournament aims to assist the Jamaica College Track team in purchasing implements for it's Javelin throwers



Buy in \$2000 or more

Venue: Caymanas Golf Club

Date: Saturday

December 30,2023

Important Meet Dates for the 2024 Season

See upcoming events for the track team. Important Dates to save.

Purewater/R Danny Williams JC Meet

January 6th 2024 (Ashenheim Stadium)

Fervet Distance Classics

February 3rd 2024 (Ashenheim Stadium)

Corporate Area Championships

February 16-17th 2024 National Stadium

Gibson/McCook Relays

February 24th 2024 National Stadium

ISSA Boys & Girls Championships

March 19th-23rd National Stadium

Penn Relays

April 25th-27th Philadelphia Pennsylvania

Get ready to start a blue wave in the upcoming track season

JAAA Calendar 2023-2024 Season

DECEMBER		
3	Reggae Marathon, Half Marathon & 10K	Negril
9	Tyser Mills Development Meet	GC Foster College
9	Wesley Powell Track and Field Meet	Excelsior High School, Kgn
16	Fervet Distance Carnival	Jamaica College
31	Old Harbour Bay/ Neville Myton 5K	Old Harbour Bay, St. Catherine

IAAA OFFICE WILL BE CLOSED Dec. 15 - Jan. 3, 2024

JAAA OFFICE WILL BE CLOSED Dec. 15 - Jan. 3. 2024			
JANUARY			
5	OnDiRun/ JC Sprint Fest 200	Jamaica College	
6	Purewater/ R Danny Williams JC Meet	Jamaica College	
6	First Chance Meet	Montego Bay, St. James	
6	Ted Dwyer Classics & Pentathlon Challenge	EXED Community College	
13	Douglas Forrest Invitational	GC Foster College	
13	JAAA/PUMA Fuller Anderson Meet	Windalco-Kirkvine, Manchester	
13	Manchester High School/Charlie Fuller Field Events Meet	Manchester High School	
19	OnDiRun/ GC Foster Sprint Fest 100	GC Foster College	
20	Central Hurdles Relays & Field Events	GC Foster College	
20	McKenley/ Wint Invitational Meet	Calabar High School	
20	Montego Bay Comets Development Meet	Montego Bay, St James	
26	Hurdles Fest	TBD	
27	STETHS Invitational Meet	Santa Cruz, St. Elizabeth	
27	Queen's/Grace Jackson Track Meet	National Stadium	



Events To Be Listed in the WA Global Calendar for Ranking Points (Pending Approvals)



JAAA CALENDAR OF EVENTS 2023 - 2024



INTERNATIONAL EVENTS

DATE	EVENT		VENUE	
2024				
FEBRUARY				
3	JAAA/PUMA Development Meet		Jamalco Sports Club, Clarendon	
3	Eastern Invitational Track and Field Meet		Lyssons, St Thomas	
3	Fervet Distance Carnival		Jamaica College	
3	Youngster Goldsmith		National Stadium, St. Andrew	
3	New Balance Indoor Grand Prix		Boston, USA	
10	Camperdown Classic		National Stadium, St. Andrew	
10	King of the Ring		Excelsior High School	
10	Western Milo Relays		GC Foster College	
11	Millrose Games		New York, USA	
12-13	Eastern Championships (REGIONAL MEET)	0	National Stadium, St. Andrew	
16 17	Corporate Area Dovolonment Most (PECIONAL MEET)		TDD	

JAAA Calendar 2023-2024 Season

24	Gibson McCook Relays	National Stadium, St. Andrew	
24	Muller Indoor Grandprix	Glasgow, England	
MARCH			
1-3	World Athletics Indoor Championships	Glasgow, Scotland	
1-3	JAAA Carifta Trials	National Stadium, St. Andrew	
9	GC Foster Classic	GC Foster College	
9	John Wolmer Track Meet	National Stadium, St. Andrew	
9	Melbourne 5K	Kingston	
14-15	Inter-Collegiate Championships	GC Foster College	
16	Velocity Fest #14	National Stadium, St. Andrew	
19-23	ISSA/Grace Kennedy Boys and Girls Championships	National Stadium, St. Andrew	
	APRIL		
Mar 30 - Apr 1	Mar 30 - Apr 1 Carifta Games St Georges, Grenada		
13	Keyes / On the Run Over-Distance Meet	Jamaica College	
13	Ricky Martin Invitational Primary School Meet Stadium East, St Andrew		
20	Excelsior Primary Development Meet	Primary Development Meet Excelsior High School	
20	Velocity Fest #15	National Stadium, St. Andrew	
20	KC / Prep Primary Development Meet Kingston College		
20	Xiamen Diamond League	Xiamen, PR of China	
25-27	PENN RELAYS	Philadelphia, Pennsylvania, USA	



JAAA CALENDAR OF EVENTS 2023- 2024



INTERNATIONAL EVENTS				
DATE	EVENT VENUE			
	2024			
MAY				
1-3	Insports Eastern Primary School Championships	Stadium East, St Andrew		
4	JAAA All Comers Meet #1	National Stadium, St. Andrew		
4-5	World Athletics Relays	Nassau, Bahamas		
7	World Kids in Athletics Day	Jamalco Sports Club, Halse Hall		
10	Doha Diamond League	Doha, QATAR		
6-8	Insports Central Primary School Championships	GC Foster College		
9-11	Insports Western Primary School Championships	STETHS		
11	Anthrick Sports Management Prep School Meet	Stadium East, St Andrew		
11	Jamaica International Invitational	National Stadium, St. Andrew		
15	World In Athletics Day	Jamalco Sports Club, Halse Hall		
18	JAAA Olympic French Foray #1	National Stadium, St. Andrew		
18	OnDiRun/JC Jnr. Sprint Fest (Prep Edition)	Jamaica College		
19	Rabat Diamond League	Rabat, Morocco		

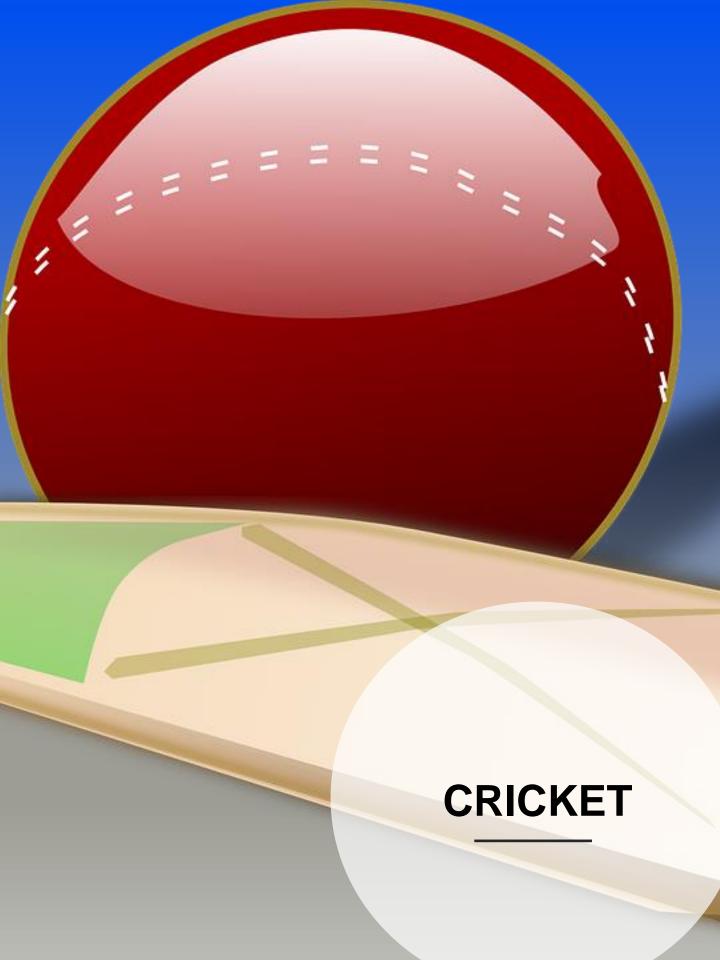




9-Nov-23 Jamaica College Swim Team 2023/24 Coach Lemone Lowe

FINAL	FINAL	FINAL	FINAL
11 - 12 Yrs	13 - 14 Yrs	15 - 16 Yrs	17 YRS & Over
A/B	A/B	A/B	A/B
Baker, Matthew	Hessing, Marly	Chambers, Kishaun	Allen, Isreal - Captain
Chambers, Kristof	Hines, Rees	Hutchinson, Noah	Hookim, Ernest
Gayle, Peyton	Miller, Joushua	Hynes, Sahle	Miller, Darren
Grant, Jaeden-Tyler	Seraton, Leiam	Johnson, Zack-Andre	Stanley, Tyler-Dane
Hall, Christian	Wallace, Howard	Vaughn, Noah	Mitchell, Justin
Hunter, Rhys	Edwards, Leandro	Grant, Aiden	Aldred, Jaden
Smith, Dashaun	Dawes-Fearon, Christian	Newman, Christian	
Thompson, Zade	Froome, Xavier	Bennett, Ajani	
Montgomery, Zachary			

Swim team training days are Thursdays & Saturdays.



ANDREW LLOYD CALLED TO U15 NATIONAL CRICKET TRIALS.



Congratulations to our very own Andrew Lloyd (form 3H) on being called to the National U-15 Cricket Trials in progress. This is the third consecutive year that Jamaica College has had players called to the U-15 trials and we hope the third consecutive with selection as well.

Andrew has been representing the school in cricket in all three ISSA competitions (U-19, U-16, U-14) since 1st form. All the best Andrew and we hope to see you in the National colours.



JAMAICA COLLEGE'S SPORTS
DEPARTMENT, WE WANT TO WISH ALL
OUR TRUE-BLUE FAMILY A SAFE AND
HAPPY HOLIDAYS.